The Grandma Boom Chronicles

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journey with the spirit of human potential in this captivating self help memoir witness the journey of a baby boomer girl lacking self esteem who learns how to go beyond genetics to transform a difficult past unleashing blocked energy using keys of wisdom she changes her destiny the creative power of imagination with her inner child play and fun become healing agents more alive at 65 janai mestrovich aka grandma boom sees aging as an opportunity to expand human potential compelling background stories of a sheltered life in the 1950 s captivate the reader with extraordinary occurrences that provide fuel for ms mestrovich to set her compass on a new direction in life transforming past negatives into a realistic and positive framework for her future she pioneers self help programs personally and professionally that enhance holistic education for youth and holistic aging for parent and grandparent generations aging gracefully janai finds that each new birthday she must find ways to have more fun than the year before keeping gratitude as a wisdom key in conjunction with a positive attitude provide light for the tunnel of darkness in life s stressful

turmoil and challenges success in finding happiness within instead of dependence on external reasons to temporarily embrace happiness becomes a reality she uses crises to catapult herself into a new arena of self worth the grandma boom chronicles excels in making connections from her grandparents and parents way of life to a new way to experience aging and grandparenting from pain control to intuitive occurrences adventures in the wild and newly developed techniques for use with herown grandchildren janai settles into a delightful approach for her own holistic aging process she includes keeping her inner child active with a vivid imagination playful demeanor and fun as tools for a healthy aging process ms mestrovich acknowledges that cross generational activities with young children and youth of all ages keep the brain stimulated and the demeanor more active with a second adulthood in her mid sixties she partners with the idea of the inner child s second childhood for a robust life experience that brings more laughter and an upbeat attitude fun grandparenting lends a hand in a joyful manner having a sense of adventure and deep purpose for helping others janai mestrovich adventures into threatening and unusual experiences that allow her to tap more of her own human potential

maria the panther presents the story of the authors grandmother maria who was a strong professional woman well ahead of her times at the same time her biography provides a sweeping overview of the history of twentieth century europe transcending cultures grandma maria was born in 1902 in warsaw which at that time was part of the russian empire she died in 1992 at the age of eighty nine in a free poland she survived world war i and cheated death at least four times during world war ii she was arrested by the soviet nkvd later known as the kgb as private in the home army serial number 202 she fought the nazis in the resistance and the warsaw uprising she was taken to a nazi concentration camp and later worked at a labor camp in berlin there she gained a nicknamethe pantherfor her resourcefulness and courage she survived the carpet bombing of berlin in the late 1940s at a time when most women were confined to domestic duties she became the president of a bank years later she joined the free solidarity trade union she lived to see the fall of the berlin wall and to participate in free elections in her native poland

tessa is used to being the voice of reason for her family she s okay with helping out at her mother s comic book store caring for her chaos gremlin little brothers and wondering what she should do with her life then her immortal grandmother a veteran of the first shakespearean war says it s time for tessa to join the ancient family business awakening her ability to enter stories and draw upon their power now tessa s thrown up against vicious operatives from the red council enrolled in the cloud 9 school for witches and finds herself investigating a mysterious attack that leads her into a scheme to create the powerful ring of everything this magic artefact allows the reader to use every power ever depicted in every story ever things heat up after the forbidden books are dug up after being burnt to stop abigail s return at the same time a cloaked figure is attacking students in could 9 tessa teams up with bookworm william and the little but feisty snow can tessa survive the storyverse with the second shakespearean war on the horizon what will happen in this amazing 10 book series

the 8th edition of this bestselling text provides a framework and instructional strategies for identifying selecting and teaching high quality children's literature for ages 0.8 this new edition is emphasis on diverse literature will assist in positively impacting the lives of all young people effective instructional approaches for using literature as a teaching tool are coupled with developmentally appropriate methods for sharing literature with young children this book is a foundational text for graduate and undergraduate students in early childhood education early literacy literacy methods children is literature and literature instruction

james murphy provides us with an entertaining and sweeping voyage through the historical and personal events of 1957 through 1972 as he spins his tales of the best and worst reflections of growing up a babyboomer

based on interviews with carol queen laverne jefferson jeri maria gonzales chrystos esther brown rose canyon sam jane salter dolores rodriguez carol gay vera freeman mary howland olivia moreno jacqueline denton and a few others

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